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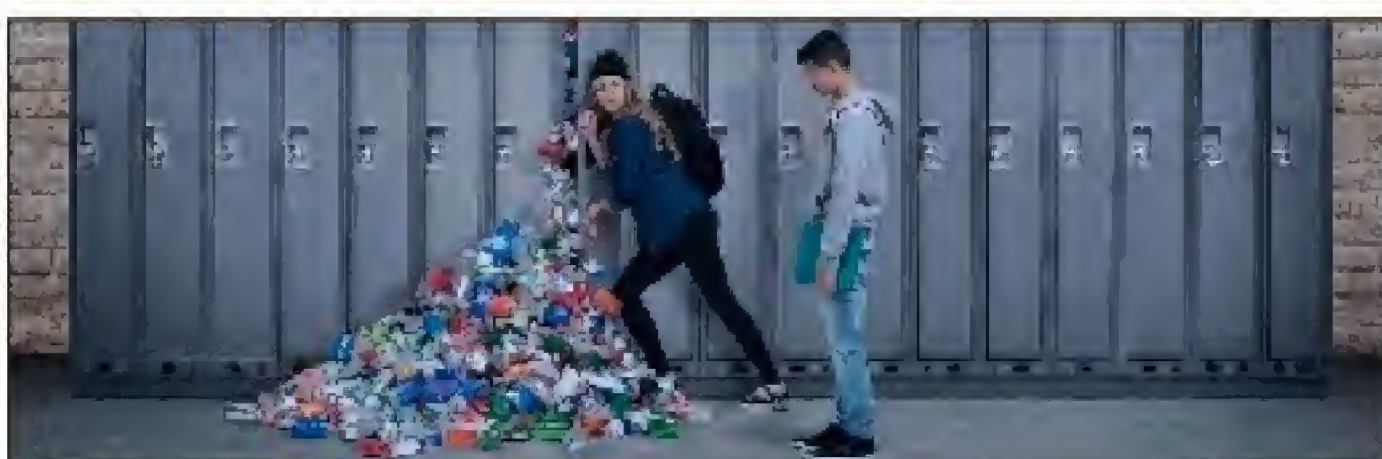
Models strut
the Cycle Chic
Runway, part of
Ciclovía 2016.
LYLE STAFFORD/FOR METRO



FASHIONING A FUTURE FOR CYCLING

Bikers encouraged to
take back the streets

metro NEWS



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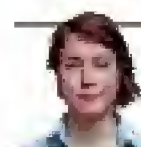




Haircuts for homeless 'priceless'

SNIPPETS OF LOVE

Group holds free event at Lighthouse Mission



Stephanie Taylor
Metro | Winnipeg

Before Sunday, it had been 13 years since Kimberly Drummond-Watts had her hair cut.

So it's no surprise that when she took a seat in Lighthouse Mission for a free one that afternoon, she wanted a change.

Without much, if any, hesitation her mid-back length hair was wetted, pulled back into a ponytail, braided and then chopped, leaving behind a shoulder-length do and a smile on her face.

"It feels good," Drummond-Watts said.

She added it felt even better knowing her hair could be donated to a separate organization and used to make wigs for sick children.

It's that personal sense of pride event co-organizer and mission staff member J'Lynn Johnson hoped for when she envisioned offering free haircuts to homeless and street-in-

involved members of Winnipeg's inner city.

"Anyone that regularly goes to get their haircut knows that when you leave you feel a little better about yourself," she explained.

"It's something that people would normally do, it's something our community can't normally do."

Brenda Lee Reimer and her group, Snippets of Love, were the muscle behind Sunday's event.

Reimer, who lives in Morden, said she organized a free hair cut day for the homeless in Winkler, but had hoped to bring it to the city and began thinking of the mission as a location after a visit in July.

She said nine hair stylists from across the province answered her call for help.

"To have people willing to do this is priceless," Johnson said.

By close to hour three of the afternoon event, she said nearly half of the 62 people who signed up for haircuts had been served.

More people filtered in through the door and close to a dozen waited for their turn as stylists chatted up visitors who had their layers cleaned up and beards trimmed.

Johnson said she hopes to offer free hair cuts days twice a year, once in the fall, and once



in the spring.

Not only was she overwhelmed by the volunteer efforts of Reimer and her stylists, but also on the event's impact on the community, she said.

"I'm looking at people today that I'm used to not holding their head up, and I'm not used to ... smiling and thinking that they look good, and they are radiant," she said as tears welled in her eyes.

"They feel good, they feel better. That matters."

Top: Kimberly Drummond-Watts has her haircut at Lighthouse Mission's free hair cut event on Sunday.

Right: Mission staff hope to offer a free hair cut day twice a year, once in the fall and once in the spring.

STEPHANIE TAYLOR/FOR METRO



“When they walk out after their haircut, their head's a little higher, their shoulders are a little straighter and they're feeling a little better about themselves.

J'Lynn Johnson

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Extended talks needed on pesticide ban: Advocates

PROVINCIAL GOVERNMENT

Groups fear restrictions could be overturned



Matt Kielytyka
Metro | Winnipeg

Critics of the Pallister government's public consultation on the provincial ban of cosmetic pesticides want to send the message that saving money cannot outweigh public health.

The previous NDP leadership introduced restrictions on the sale and use of cosmetic pesticides for non-essential lawn care in order to reduce

people's exposure to glyphosate — a probable carcinogen according to the World Health Organization — and other harmful chemicals found in pesticides.

That ban, which took effect last year, is now under review after the Progressive Conservative government announced a public consultation survey of the legislation during its first months in office amid opposition from industry groups and the Association of Manitoba Municipalities, which argues the ban brings with it higher weed and pest control costs and "potentially negative effects on agricultural lands."

Public submissions are due Monday, but environmental groups and the NDP are calling for more time.

"The important thing is to make sure this process

is thorough right now. Government should extend the consultations," Neil Bailey, spokesperson for the Cosmetic Pesticide Ban Working Group, a coalition of environment and public health groups, including the Canadian Association of Physicians for the Environment, said in a recent interview.

Bailey said the original legislation was the result of a three-year consultation period backed by scientific evidence on the harmful effect of pesticides and 71 per cent of the public's support.

In comparison, the summer-time review by the Pallister government seems "knee-jerk", he said.

The ban only applies to non-essential spraying of synthetic chemical pesticides on residential, commercial, government

and institutional properties.

Restricted herbicides can still be used for agriculture, forestry and golf courses, to control poisonous or invasive species when approved by inspectors.

"It was seen to be a pretty solid public health policy," said Bailey.

He said the cost argument used by the AMM and landscaping companies takes a "narrow perspective" of the issue.

"The view of the working group is that when it's a question of public health and vulnerable populations, there is no question," Bailey said.

The NDP has asked the provincial government to extend the deadline until Oct. 31.

"The government has all winter to review public feedback, why the rush to shut

DEADLINE

The NDP has asked the provincial government to extend the deadline until Oct. 31.

down an important discussion?" asked NDP MLA Rob Altemeyer in a statement released Friday. "We hope the Pallister government will listen to the health professionals, who have clearly said that reducing exposure to these chemicals is the wise course for families."

In a recent email statement to Metro, a spokesperson for the government's department of Sustainable Development said the province will not comment while the public consultation period is open.

3 Things happening at city hall this week

1 Mayor meets with developers over growth fees

Mayor Brian Bowman will meet with members of the city's development community over a proposal to levy growth charges on developers of new residential and non-residential properties. The meeting takes place in Bowman's office on Monday at 9 a.m.

2 More details on employees' earnings

Mayor Brian Bowman and his inner circle will hear a request this week that asks for a more detailed breakdown of how much city staff earn. Councillors Scott Gillingham and Janice Lukes put the request forward to council last month, which was referred to Wednesday's meeting of the executive policy committee. The councillors' request calls for a better breakdown of employee payouts.

3 City projects deficit of \$5.4 M

A new financial report shows the City of Winnipeg is on track to end 2016 \$5.4 million in the red. Details of that projected deficit are contained in a staff report headed to Thursday's finance committee. The report attributes some of the red ink to the police department having to spend \$3.7 million more than expected on staff pensions, as well as a decrease in revenue from photo radar tickets.




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“

If you rate it against places like Victoria, Vancouver and Montreal, we've got a long ways to go.

Dave Elmore

Left: Winnipeggers were encouraged “take back the streets for cycling” with extra street closures and numerous bike-friendly events on Sunday.

Below: West-end resident Sandra Severi would use her bike to commute into work in downtown Winnipeg daily were it not for the rugged road conditions.

MATT KIELTYKA/METRO

A taste of cycling freedom

TRANSIT

Bikes rule the roads for a day, but advocates push for more



Matt Kieltyka
Metro | Winnipeg

Winnipeg's two-wheeled pedal pushers got to enjoy life in the fast lane as a number of streets went car-free for Ciclovía on Sunday.

The one-day event promised to “take back the streets for cycling.”

Several streets feeding into the downtown street festival, Manyfest, from the north,

northeast and western parts of the city were closed to traffic to provide Winnipeg's existing cycling infrastructure greater safety and connectivity.

Picnic stops, an old-fashioned Tweed Ride, treasure hunts, a bike gear swap and even a cycling fashion runway show were used to promote active transportation and build support for future improvements.

West end resident Sandra Severi, who rode her road bike to the festival, said she would gladly ride to work daily if it wasn't for the hazardous and rugged conditions.

“Right now, I would go mountain biking in the city more than I would take this (road bike),” Severi told Metro. “The roads aren't exactly the

best from my house to work. When there are big potholes you have to manoeuvre around in traffic, it makes it a bit challenging. It does prevent me from using it on the daily basis, for sure.”

Beyond the exercise, Severi said cycling offers a “different perspective” of the city and is often faster, cheaper and more convenient than driving downtown.

While both cycling use and infrastructure have experienced steady growth in the city over the past few years, Bike Winnipeg's Dave Elmore said Ciclovía remains just a tease.

“If you rate it against places like Victoria, Vancouver and Montreal, we've got a long ways to go,” said Elmore. “The routes that are closed (for Ciclo-

via) are, in some senses, routes that we would hope in the future would provide those connections that are currently not there. The Ciclovía committee's push right from the beginning was let's try to get as many of these routes as we can. We've got the west route closed off, we have a north route, let's push the city to help us close off a route from the east and south next and allow people to get to this event.”

Elmore said many cyclists who commute daily will brave open traffic and use streets when no other options exist.

But getting “more butts in bikes” requires a more concerted effort, he said.

“Most people want to see protected bike lanes, they want to see separated infrastruc-

ture and not just bike lines painted on the street,” said Elmore. “We need separated infrastructure if we're going to encourage more people to on bikes. You've got to make them feel safe.”

According to Bike Winnipeg counts, cycling use on Assiniboine increased by more than 200 per cent since it got a two-way protected bike lane in 2010.

Last year, city council approved the Winnipeg Pedestrian & Cycling Strategies aimed to improve cycling and pedestrian infrastructure.

Winnipeg's bicycle network consists of nearly 400 kilometres, including 119 kilometres of off-street paths the city considers purely recreational because they don't offer



“direct link between residential neighbourhoods and key destinations”.

One per cent of that network comes in the form of protected bicycle lanes.



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Many people flock to Manyfest

RECREATION

Street festival on target to meet 60,000+ visitors



Matt Kieltka
Metro | Winnipeg

Winnipeg's largest downtown festival was on pace to hit its target of 60,000 visitors this weekend, according to organizers.

Huge crowds of food truck aficionados, concert-goers, shoppers and just those who were curious flocked to Broadway and Memorial Boulevard over three days of glorious late-summer weather to check out the sixth annual street festival.

"I'm in awe of how many people we've been able to bring together downtown for all the 1,001 things we have going on this weekend," said festival spokesperson Emily Ormond of the Downtown Winnipeg BIZ. "We had anywhere from 60,000 to 70,000 (visitors) expected this



A festival organizers said between 60,000 to 70,000 people visited Manyfest this weekend.

year and I think we've well hit that target."

Ormond said the business improvement association puts on more than 250 events in the city's downtown core ever summer but the festival is by far its largest.

"ManyFest is like all of those different events all wrapped into one big weekend," she said.

St. Vital resident Kim Pham attended the festival for the third year running on Sunday and has finally figured it out.

"The last two years we didn't

really get food because the line-ups were crazy, but we did today because we're here earlier," said Pham, with two Heroshima sandwiches from Kyu Gill in her possession, one for each hand. "We drove all the way here for this."



Renzie Gonzales and his two-year-old son, Addison, shoot some hoops at the NBA Jr. play area at ManyFest in downtown Winnipeg on Sunday. PHOTOS: MATT KIELTYKA/METRO

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Promote a love of reading, group says

EDUCATION

Books getting less and less popular among students

Declining math scores may be on educators' minds right now, but reading is still considered key to student achievement in all subjects.

Now, a cross-Canada coalition is trying to promote a love of books, worried about the growing number of students who say they don't like to read for pleasure.

"There's been a recent trend toward STEM programs (science/technology/engineering/math), and from our perspective ... if you can't read well, you are not doing well in math or science," said Mohamed Huque, associate director of the National Reading Campaign, a not-for-profit that



Teacher-librarian Wayne Parker from North Park Secondary in Brampton, Ont. and his students. TORSTAR NEWS SERVICE

is urging governments and school boards to make the issue a priority.

"The positive effect of reading transcends marks for English or language arts; it really does

translate beyond academic achievement. There are tons of studies showing the positive effects of reading on mental health (and) building empathy," among other benefits,

he added.

At a symposium earlier this year, the campaign crafted a statement saying it's time for "ministries of education, school boards and principals (to) ... adopt policies that make reading for pleasure possible, and that they should be accountable for reporting on the provision of such programs."

In Ontario alone, the percentage of Grade 3 students who say they like to read "most of the time" sat at less than half — 47 per cent in 2013-14, down from 49 per cent the year prior.

Among Grade 6 students, that figure dropped to 47 per cent in 2013-14 from 48 per cent in 2012-13, according to the most up-to-date statistics from the province's Education Quality and Accountability Office, which has also found that kids who read for pleasure perform better on standardized tests over time.

TORSTAR NEWS SERVICE

LGBTQ RIGHTS

Transgender women flee from Finland

Evelyn Harford
For Metro | Ottawa



Amanda Jetté Knox, Emmi Jarvela, Helmi, Juliet Kivimaki and Zoe Knox at a "Welcome to Canada BBQ." CONTRIBUTED

For Juliet Kivimaki, her wife Emmi Jarvela and their one-year-old daughter Helmi, there was no other option but to flee Finland so that Kivimaki could have a shot at living as her true self — a trans woman.

In order for Kivimaki to receive legal gender recognition in Finland, she has to agree to be sterilized.

In desperation, the family of three left Finland behind and found refuge with an Ottawa family who knows a lot about what it means to be trans, and in transition.

Amanda Jetté Knox and her wife, Zoe Knox, just came out as trans last year. The year before that, the couple's 13-year-old daughter, Alexis, came out as trans too.

"It's almost like a cycle," said Jetté Knox. "Every year in our house there's (a) new person ... who's transitioning. Our family is two-thirds trans now."

Because of the common

ground, it's been easy for the two families to become one.

"When you're living with another family that has another trans person in it there's no explanation required," said Jetté Knox. "We understand the good days, the bad days and the struggles and the celebrations."

"It's a very nice thing."

The two families first met in at Toronto Pride in July, and shortly after Jetté Knox drove the eight hour round trip drive to Toronto to pick Kivimaki and her family to bring them to Ottawa, where they would have a tighter network and a place to stay.



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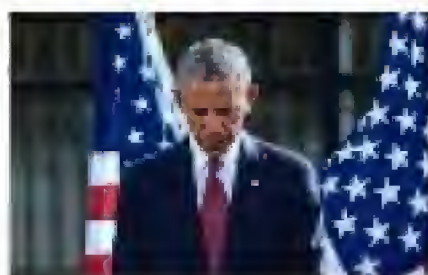
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Embrace diversity: Obama

President Barack Obama on Sunday marked the 15th anniversary of the Sept. 11 attacks by calling on Americans to embrace the nation's character as a people drawn from every corner of the world, from every religion and from every background. He said extremist groups will never be able to defeat the United States.

Obama spoke to hundreds of service members, and relatives and survivors of the Sept. 11, 2001, attack. He said extremist organizations know they can never drive down the U.S., so they focus on trying to instill fear. "We know that our diversity, our patchwork heritage is not a weakness, it is still and always will be one of our greatest strengths," Obama said.

THE ASSOCIATED PRESS



Barack Obama observes a moment of silence Sunday.

THE ASSOCIATED PRESS

Politics cloud ceremony

9-11 ANNIVERSARY

Clinton gets pneumonia diagnosis ahead of election

The U.S. marked the 15th anniversary of 9-11 with the solemn roll call of the dead Sunday but couldn't keep the presidential campaign from intruding on what is traditionally a politics-free moment of remembrance.

Hillary Clinton left about 90 minutes into the ground zero ceremony after feeling "overheated," her campaign said. Video showed her knees buckling as three people helped the 68-year-old Democrat into a van in the muggy, 80-degree heat. Later in the day, she said she was "feeling great" as she walked to a vehicle. Clinton's doctor on Sunday afternoon diagnosed her with pneumonia and she was advised to rest.

A video showed Clinton slumping and being held up by three people as she was helped into a van after the event, and her doctor said in a statement that Clinton had become overheated and dehydrated.



Hillary Clinton waves after leaving an apartment building Sunday, Sept. 11, 2016, in New York. Clinton's campaign said she left the 9-11 anniversary ceremony early after feeling 'overheated.' THE ASSOCIATED PRESS

"I have just examined her and she is now rehydrated and recovering nicely," Dr. Lisa R. Bardack said in a statement.

Less than two months from Election Day, it was an unwanted visual for Clinton as she tries to project the strength and vigour needed the job. Republican rival Donald Trump has spent months questioning Clinton's health, saying she doesn't have the stamina to be president.

The episode cast a political shadow over an event that has tried to keep the focus on remembrance by inviting politicians but barring them from speaking. The two candidates had followed the custom of suspending all TV ads for the day.

The politics of the moment weren't entirely absent from the ceremony, where some victims' relatives pleaded for the nation to look past its dif-

ferences, expressed hopes for peace or called on the next commander-in-chief to ensure the country's safety.

Joseph Quinn, who lost his brother, Jimmy, appealed to Americans to regain the sense of unity that welled up after the terror attacks.

"I know, in our current political environment, it may feel we're divided. Don't believe it," said Quinn, who added that he served in the military in Iraq after Sept. 11. "Engage with your community. ... Be the connection we all desperately need."

Nearly 3,000 people died when terrorists slammed hijacked planes into the World Trade Center, the Pentagon and a field near Shanksville, Pennsylvania, on Sept. 11, 2001.

Organizers estimated 8,000 people gathered Sunday at the lower Manhattan spot where the twin towers once stood. They listened to the nearly four-hour recitation of the names of those killed.

"It doesn't get easier. The grief never goes away. You don't move forward - it always stays with you," Tom Acquaviva, who lost his son, Paul.

THE ASSOCIATED PRESS

DENVER

Driver killed, students hurt in bus crash

Police say the driver of a school bus that crashed at Denver International Airport circled back to the airport and crashed into a concrete pillar after she picked up members of a high school football team.

Police spokesman John White says police do not know why she circled back to the airport Sunday afternoon. The driver, whose name and age were not been released, died at the scene.

Authorities say that 17 to 20 passengers were taken to nearby hospitals. Officials at Denver Health told the KUSA TV station that they had five patients: two are in critical condition, two are in serious condition and one in fair condition.

KUSA reported that the bus is from Legacy High School, which is in Broomfield and is part of Adams 12 Five Star Schools. The Denver Post reports that the football team from Legacy played Chino High School on Friday night in California.

The Adams 12 Five Star schools is a public district that serves suburbs north of Denver.

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Big two back away from pot industry

BANKING

Stores receive letters from Scotiabank, Royal Bank

Scotiabank and the Royal Bank of Canada say they aren't providing accounts to companies associated with the marijuana industry, leaving some business owners scrambling to find alternate arrangements.

After a decade-long relationship with Scotiabank, Hemp Country owner Nathan MacLellan says he received a letter from the bank late last month stating his account was being cancelled. The store in Woodstock, Ont., sells marijuana-related items such as pipes and bongs but no actual cannabis, MacLellan says.

"It's kind of insulting really, especially when legalization is right on the horizon," he said.

"Nothing in the store that we sell is illegal. Every single

variety store sells pipes and bongs nowadays, so why are they singling us out all of a sudden?"

Since then, MacLellan has managed to secure an account with a local credit union.

Earlier in August, a fledgling medical marijuana producer said it received a phone call from Scotiabank, advising them that it will no longer be doing business with cannabis-related companies.

Scotiabank spokesman Rick Roth said in an email that it aims to "manage risks soundly while making prudent business decisions."

"This is why the bank has taken the decision to close existing small business accounts and to prohibit the opening of new accounts for customers classified as 'marijuana-related business.'"

Royal Bank also confirmed that it doesn't provide banking services to companies "engaged in the production and distribution of marijuana."

Bruce Linton, the CEO of

OTHER BANKS

TD Bank said it assesses all applications on a case-by-case basis.

CIBC and the Bank of Montreal did not reply to requests for comment.

Canopy Growth Corp., says he received a letter from RBC roughly a year ago informing him the bank was cancelling the licensed producer's account.

He recalls that a few other licensed producers received similar letters around that time.

"My gut feeling is that probably someone in risk analysis somewhere determined that marijuana was a topic which had uncertainty surrounding it," Linton said. "So rather than looking at determining which (companies) were in concert with the laws and which were not, all were treated the same."

THE CANADIAN PRESS



Marijuana-related businesses are scrambling to find alternate banking arrangements after two of Canada's biggest banks said they aren't providing accounts to companies in the marijuana industry. THE CANADIAN PRESS

OILSANDS

Firms try to reclaim wetlands

Faced with reclaiming oilsands open-pit mines that were once thriving wetlands, Suncor and Syncrude have been trying to do what's never been done — rebuilding one of the most complex, diverse and delicate ecosystems in the boreal forest.

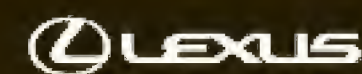
Three years into the groundbreaking, high-profile projects, early successes are emerging.

Suncor's Nikanotee fen and Syncrude's Sandhills fen are staying wet year-round. They're growing some typical fen plants. Even better, they've begun to store carbon in their peaty depths. But the overall plant mix isn't what it was. Soil and water chemistry has changed. Biodiversity has shrunk.

The fens don't seem to be developing into what was there before and nobody really knows how they will evolve.

"We can't kid ourselves," said Jonathan Price of the University of Waterloo, one of the main experts behind Nikanotee. "We can't replace nature."

THE CANADIAN PRESS



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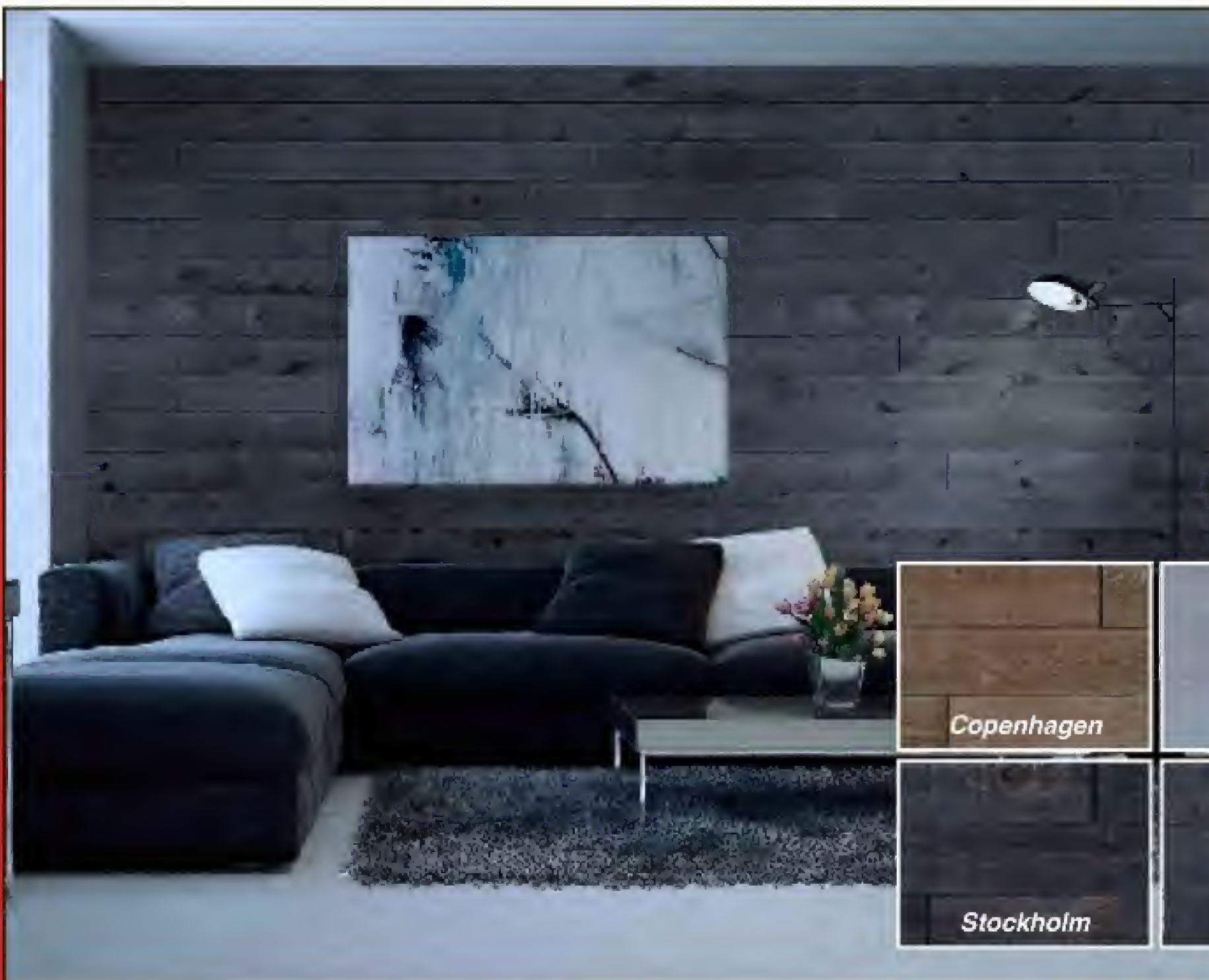


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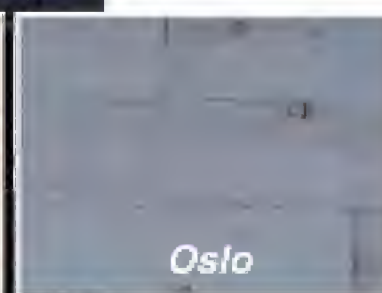
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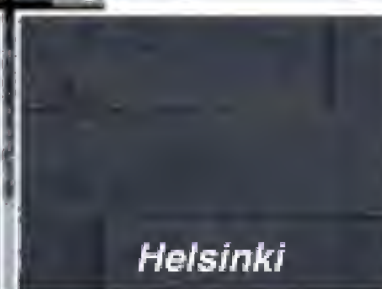
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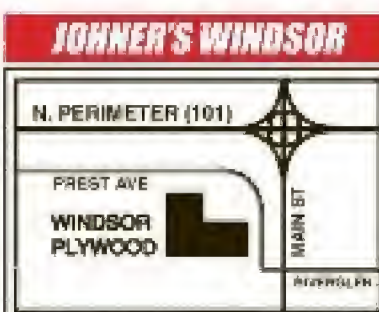
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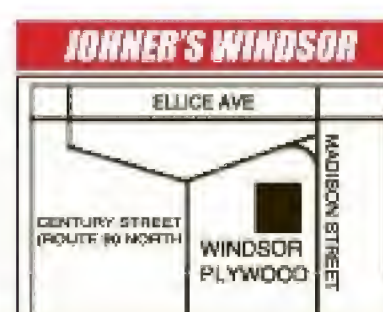
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URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

I gave my co-worker an idea that he used to great effect. But I didn't get any credit. Am I right to want some?

Dear Ellen,

A while ago, I met up with a co-worker on my morning commute. He was having trouble with a project, so I suggested the approach I would take. He said that was a great idea, and we went our separate ways. Later, after he finished the project, our boss paraded him around, saying how great it was and having him give a presentation on how he implemented the method I suggested that morning on the bus. This irked me, and I even said to him "Isn't that what I suggested?" but he brushed me off. He did do an excellent job, but I wish he'd at least mentioned me when presenting the strategy I came up with. Do I have a right to want acknowledgment?

Irked

Dear Irked,

Rest assured that you have asked the right person about how to deal with this, as I — like most writers — spend a lot of time and energy pondering the problem of idea-stealing b—s who refuse to share credit.

Many a sleepless night has gone by while I writhe with resentment over those monsters who shamelessly exploit my genius, then profit off my original stories and concepts without a word of gratitude, not to

I'd bet my life George Harrison didn't deliberately plagiarize 1963's He's So Fine for his 1970 hit My Sweet Lord.

What you got there?



Nothing!



© Ani Castillo

mention cold, hard cash.

Unfortunately, some other nights I also lose sleep as I writhe in defensive contortions over certain bits of, er, um, "material" I've scavenged from the lives of everyone around me for my own profit (which doesn't amount to much, I can assure you, in the current freelance-hack marketplace, but nevertheless).

The fact is, anyone involved in a creative endeavour, whether it's an office project or a slim volume of haikus, is constantly mining every moment of the day for fodder and inspiration. It's both conscious and unconscious. I can't speak for Robin Thicke, whose Blurred Lines was found by a jury to be a bad-faith ripoff of Marvin Gaye's Got To Give It Up,

But I'd bet my life George Harrison didn't deliberately plagiarize 1963's "He's So Fine" for his 1970 hit "My Sweet Lord."

In your case, I'll give your co-worker some slack in matters of interpretation, inspiration and execution.

But I will also absolutely agree with you that he should have acknowledged that he brainstormed a bit with you, and that it helped him.

In future, if you want to make sure you get credit, follow up such commuter convos with a friendly email: "Hey, I was thinking more about your project and here is my idea in more detail ..." Now you have an e-trail that establishes your claim on proper credit — or, keep in mind, blame, if it

all goes sideways.

But an even better approach, if you can do it, is to let it go. Continue to spread your innovative ideas amongst your fellow humans with generosity and enthusiasm, and take deserved satisfaction in knowing you are making the world a better place.

Addendum to last week's column about men in sandals: We've had letters pointing out my inexcusable negligence in addressing the question of socks. Please be advised that, yes, they're a fashion faux pas, but acceptable to those of us who'd rather look at unsexy socks than unsexy feet.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

Bad-apple approach won't rid us of bias among judges

Who else?

It's abundantly clear that Robin Camp was allowed to sit on a provincial bench (and then enjoy an appointment to federal court) while harbouring sexist biases. But the glum, apologetic Alberta judge, who is now enduring a headline-grabbing inquiry for suggesting a sexual assault victim should have kept "her knees together," is no outlier.

The important question isn't whether Camp will keep his job; it's who else has gone under the radar.

Camp is arguing that he has wised up, thanks to sensitivity and gender-discrimination training, plus a refresher on rape-shield laws. Unlike those demanding his dismissal, I'm willing to believe him. I have to. The alternative is a justice system wholly unreliable and, worse, unfixable.

"By no means is this a unique case, by no means whatever," said Kathleen Mahoney, QC, a law professor at the University of Calgary.

She would know. For decades, Mahoney has been at the centre of judicial-education efforts, part of a movement that has sought to ensure the Charter of Rights and Freedoms doesn't turn out to be an "empty promise." But she and her allies lost a key battle: to make judicial education mandatory.

"To me the Camp case is an indication of the failure of judicial education to ensure that judges, to some extent, are protected from making these

kinds of errors," Mahoney said.

The excuse has always been that mandatory training would infringe on judicial independence. That line, according to Adam Dodek, co-author of the forthcoming book "Regulating Judges," has been "viewed as quite a stretch" by some and "baseless or worse" by others. Mandatory training exists elsewhere, he said, and the Canadian judiciary "lags behind the world" in training judges.

Camp's biases were outlandish and egregious. The system would be a joke if he weren't facing an inquiry. But many other judges undoubtedly harbour similar views, hiding them inside legally defensible decisions nonetheless coloured by rape myths and sexism.

If there's any group, other than sexual assault victims, that should want this to change, it's judges.

Bias in one generates suspicion of them all, and makes a mockery of the oath to mete out justice fairly. It feeds the growing crisis of faith in our courts. Already, the vast majority of women don't even bother to report rapes and assaults. They know, because the data on this is irrefutable, that justice for sexual assault is doled out in pitifully few cases.

Judges are, in part, to blame. And there's only one way for them to prove they care about improving the situation: admit, as Camp has, that they have a lot to learn.

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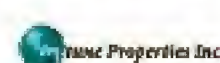
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Tough-as-nails American girl

INTERVIEW

Riley Keough channels her rebel side in American Honey

Richard Crouse
For Metro Canada



In *American Honey*, a road trip movie now playing at the Toronto International Film Festival before it heads to a national release later this year, Riley Keough plays a Fagin-like character, tough-as-nails with a glare that could peel the paint off the walls.

She is Krystal, the leader of a travelling band of door-to-door magazine sellers who picks up new recruits along the way with one simple job interview question: "Do you got anyone who's going to miss you?"

It is a bravura performance in a movie that, once and for all, proves she's not just Elvis Presley's granddaughter; she can really act.

Making the free-form drama with British director Andrea Arnold and a cast of mostly newcomers was an unconventional occurrence for the *Girlfriend Experience* star.

"I didn't know what the (bleep) anybody else was doing," she says.

"I wasn't on set for anything except for my own stuff. Nobody knew what the movie

was about until we watched it. I literally had no idea."

Keough, who has appeared in *Magic Mike*, *Mad Max: Fury Road* and will soon be seen in the Netflix film *The Discovery* and Steven Soderbergh's *Logan Lucky*, says the lack of traditional structure did "all the right things" for her performance.

"It makes you able to do anything," she says.

"You don't want to get into the habit of only doing things that are structured and safe. Hit your mark and look that way."

"You have nothing, so you actually have to do something. You're not going off a whole script and character arc and knowing all these blah, blah, blah things. You're just existing as this person. You are forced to exist as this person. You don't get a chance to think about anything at all."

Hitting marks and finding the light "is just (bleeping) annoying," she says.

"Excuse my French. This was a nice break from it."

Set in a world where regular

folks still open the door for ratty dressed kids selling magazines, it's a story about families lost and families found, about poverty, disenfranchised youth and finding freedom on the road.

"I think Krystal had been doing this for a long time so that's all she knew," Keough says of her tough-talking character.

"This world does exist. I think she grew up 'on crew'

TIFF Rising star

and she knows the most. We ran into another mag crew. In the movie you see us shaking hands with another mag crew."

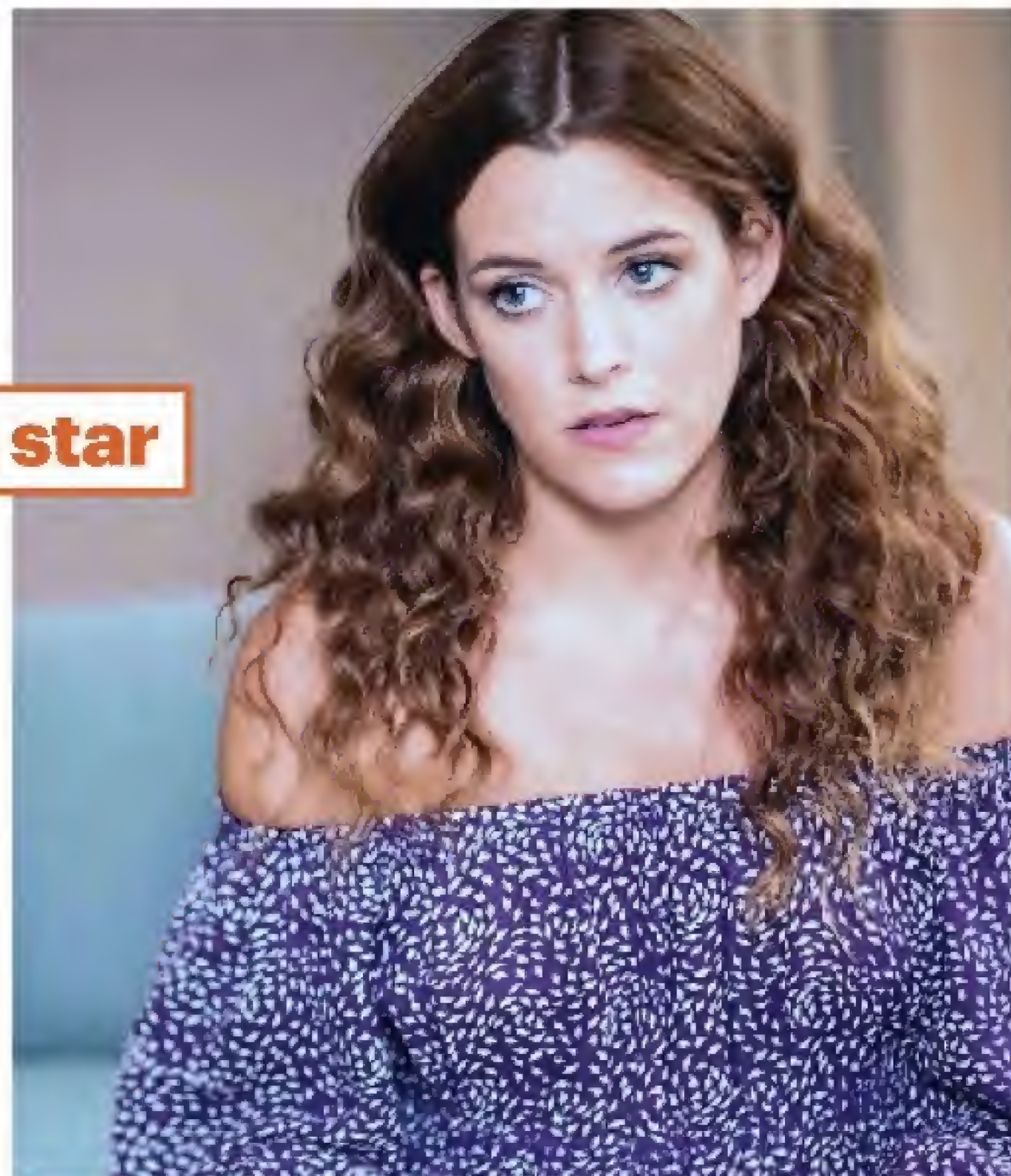
At well over two-and-a-half hours *American Honey* has an emphasis on naturalism and all that entails: the mundane and the pulse racing in equal measure.

It's not a traditional road flick. Here, the destination isn't as important as the journey.

Life on the road taught Keough a thing or two. "I learned not to drink too much," she says.

"I really think I learned it. Legitimately."

She laughs, perhaps remembering some long nights while making this movie, then adds in a more serious tone, "I learned a lot of really profound things but I don't know how comfortable I am talking about them."



Elvis Presley's granddaughter Riley Keough plays Krystal, the leader of a travelling band of door-to-door magazine sellers, in *American Honey*. LIZ BEDDALL/METRO



I learned not to drink too much... legitimately

Riley Keough on filming *American Honey*

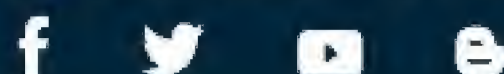


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'I know everything about their smiles'

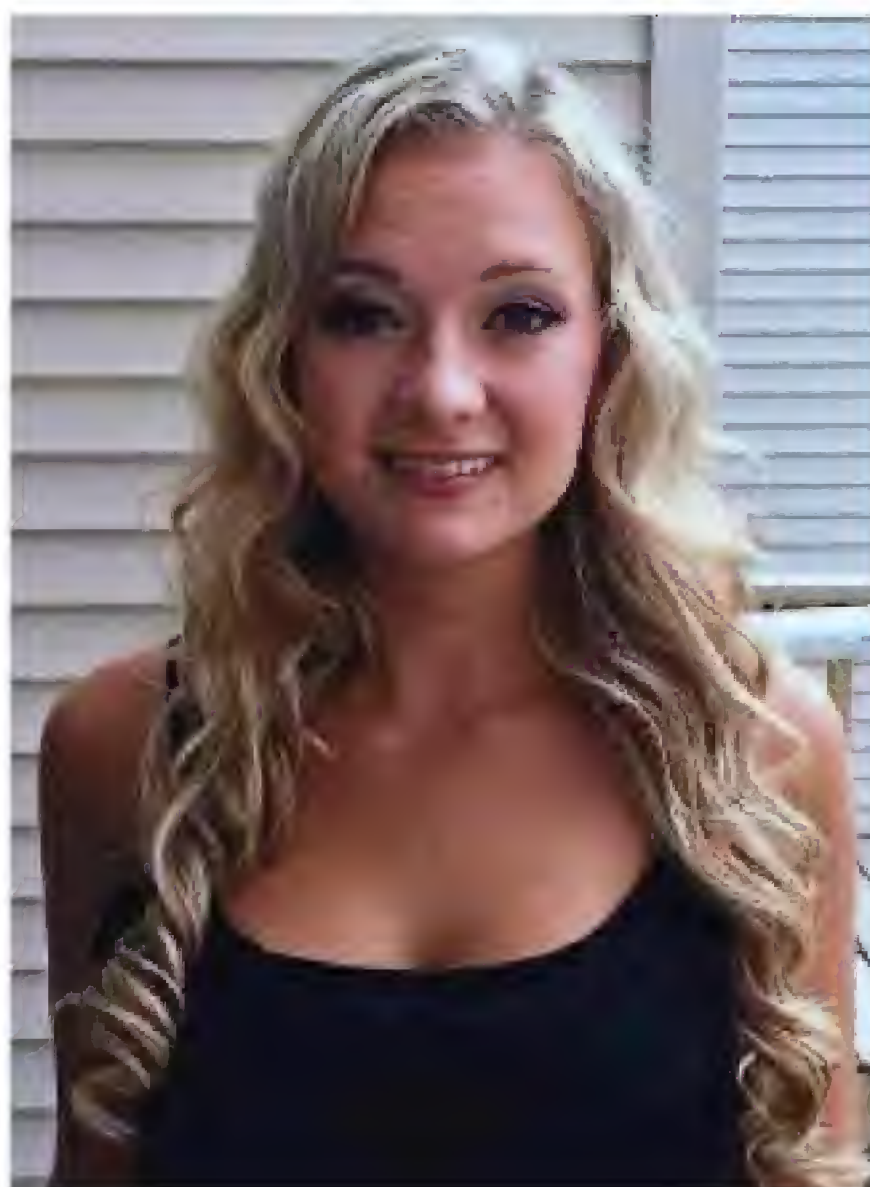
WHY I LIKE MY JOB

Meghan Johnson, 25, Office Manager / Dental Assistant at Dentistry on Centrepointe in Ottawa, Ont.

I love teeth. I couldn't tell you the colour of my best friend's eyes, but I know everything about their smile. It was this fascination — combined with my commitment to good oral hygiene and a desire to work in the health care sector — that led me to Durham College's dental assisting program in 2008.

At the time, the program ran for eight months in an intensive, hands-on learning environment. Tests and practical assessments were given almost daily in courses like biology, radiation practice, clinic practice and preventive dentistry. Despite the intensity, the program truly prepared me for my career. Seven years later, I've leveraged my strong technical and interpersonal skills to take on more responsibilities as an office manager.

What I find most appealing about the job is the social aspect. Over the years, I've built up a loyal client base and I always look forward to hearing about a patient's wedding or new grandchild. I also enjoy working in a preventive health care setting, which allows me to help treat cavities, gum disease and inflammation before it becomes a serious problem. I get to smile each day knowing I helped treat a client's pain or improved their overall wellbeing.



THE BASICS: Dental Assistant

\$35,755

Median starting salary for an entry-level dental assistant.

Those who specialize in orthodontics or oral surgery tend to earn more, with annual salaries ranging as high as **\$53,500**.

+14%

Projected rate of job growth over the next 8 years.

Data for this feature was provided by payscale.com, onetonline.org, trade-schools.ca and durhamcollege.ca

HOW TO START

Dental assistant programs are offered in both public and private post-secondary institutions, and can last anywhere from eight to 16 months. Applicants can expect to delve into general courses in biology, chemistry and anatomy in addition to core material in dental radiology and radiography, oral health, record maintenance and nutrition. Most institutions offer field placements as part of the curriculum, providing students with practical clinic experience in preparation for the mandatory National Dental Assisting Board exam.

WHERE YOU CAN GO

Certified dental assistants can find employment in virtually any municipality, given the increasing number of clinics in large cities and suburban areas. Canada's unemployment rate in this sector is considerably low, and many trained professionals find rewarding work in general dental practices, hospital dental clinics, the armed forces and correctional institutions. Graduates seeking career advancement may also pursue continuing studies in dental hygiene or dental office management.

ADVICE

For most, it's easy to forget that money is a finite resource

Gail Vaz-Oxlade
For Metro Canada



People are delusional. Helped in large part by access to credit, folks think they can afford stuff they can't.

Thinking that they are richer than they actually are drags

them deeper and deeper into debt.

More than half of Canadians are living paycheck to paycheck, many saving nothing for the future, and many more spending money they have yet to earn.

And when I start talking about budgets, it's these very people who tell me budgets

don't work.

Hey, making a budget isn't an exercise in theory; it's an exercise in practice.

You have to live within the budget for the exercise to have been worth the effort.

If you plan to spend \$450 a month on food but you end up spending \$600, it's not the budget, it's you.

Run out of stuff and head to the stores to restock without an eye on the budget, that's you. Friends pop over and you run to the store for supplies, that's you.

The kids are having a bake sale at school, so you run to the store to do your bit, that's you.

And then there are the unconscious shopping trips you make: the extra bag of milk at the convenience store where you also grab a candy bar and two bottles of juice.

The salad dressing you forgot on the last trip that takes you back, which gives you the opportunity to add croutons, six tins of tomato sauce (on special) and a brick of cheese to your cart.

Using cash helps. When you take a certain amount of money out of the bank and stick it in a jar on your counter, you tend to be more conscious about what you're spending, since you can actually see the money run-



Easy access to credit cards means some Canadians think they can buy more than they can afford, and are now drowning in debt. iStock

ning out.

That's the magic of the jars: they remind you that money is an exhaustible resource.

So the jars are the very antithesis of credit, the purveyors of which want you to believe you are richer than you are because you can pay for anything you want whenever you want it.

You aren't paying for anything when you put it on credit.

That vacation on your line of credit isn't paid for yet.

Those shoes on your credit card? Not paid for. The groceries you put on your card for the points, but didn't pay off in full when the bill came in? Not paid for.

When you put things on credit, you aren't paying for them. You're promising to pay for them at some point in the

future.

And since someone else is paying for them on your behalf — they're renting you their money — you're going to cough up good money for the privilege of not having to pay for the stuff you brought home.

For more money advice, visit Gail's website at gailvazoxlade.com

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Why Jasmine Lorimer put her love life on TV

INTERVIEW

Canada's first Bachelorette an adventurous and free spirit

When you think about the concept of a woman dating up to 20 men at one time for a reality TV show, the first phrase that comes to mind isn't "old-fashioned."

Yet those are the words that Jasmine Lorimer, the 27-year-old star of The Bachelorette Canada, uses when explaining why she agreed to live out two months of her love life on TV.

"The appealing thing about this is you do get a lot of face-to-face time and you're taking away the phones, and you're taking away the texting and all those things that can be said over text or misconstrued, and . . . all of the development of your relationships happens one on one," she says.

"Although it seems strange to do it on reality TV, it's also kind of old-fashioned in a weird way. . . . If it wasn't televised, I mean, aside from all the extravagant dates that happen that you probably wouldn't be going on, but just the actual quality time on dates, it's a very normal feeling."

The country gets to judge for itself when The Bachelorette Canada debuts on W Network Tuesday at 9 p.m.

It's the maiden Canadian journey of this spinoff of the U.S. Bachelor franchise, in which a woman seeks a mate by dating multiple men.



Jasmine Lorimer, a hairstylist and part-time model from Pemberton, B.C. is Canada's first Bachelorette. TORSTAR NEWS SERVICE

A SIMPLER WAY

"The appealing thing about this is you do get a lot of face-to-face time and you're taking away the phones..."

Canada had two seasons of The Bachelor, in 2012 and 2014 on City TV, but this is its first Bachelorette.

Lorimer hadn't watched the U.S. version for quite a while when she got offered the gig, so she did some catching up. What she came away with was a determination to be herself on TV.

But why look for a husband on a show in the first place?

The hairstylist and part-time model had just moved to the small town of Pemberton, B.C., from Vancouver (she's originally from Kenora, Ont.), not exactly a singles haven, and wasn't sure how to meet someone to share the area's peace and natural beauty.

Besides, she describes herself

as an adventurous free spirit and this definitely qualifies as an adventure. Lorimer concedes there's no way to prepare yourself for the experience of dating so many people. In fact, she had never dated more than one person at a time and had to learn to "compartmentalize" relationships.

"I never was able to do that. As soon as I like somebody I just like them and I've got blinders on. . . . The weird thing is before going onto this show I had been saying to myself mentally, 'OK, the next time I get into a relationship I'm not gonna put all my eggs in one basket' and so there was my ultimate eggless basket."

Nor could she prepare for the emotional toll of breaking up with so many people in such a short period of time.

"It became difficult at the end," she said (and no, she can't tell us if she ended up engaged). "(Bachelor and Bachelorette contestants) always say I never imagined it would be this hard. It really is like that and you can imagine but, until you're in it, oh, it's heartbreaking at times."

So yes, there will be tears. But Lorimer also says she woke up excited about every day of filming. "I really did go into this wholeheartedly, and with the best intentions and with my heart on the line. I did not hold back and I think that the viewers will see that when they watch."

"I went through a lot of hurt through this thing, but I experienced so many good things and took so many positive things from it, and I have no regrets."

TORSTAR NEWS SERVICE

CREATIVE ARTS EMMYS

Poehler, Fey share big host win



Peter Scolari won the best guest actor in a comedy series for Girls. THE ASSOCIATED PRESS

Tina Fey and Amy Poehler are sharing Emmy gold as Saturday Night Live hosts.

They were honoured jointly in the best guest actress in a comedy series category at Saturday's creative arts Emmy ceremony.

Fey and Poehler won as co-hosts of last year's Christmas episode on SNL. The pair didn't attend the Los Angeles event, and Bob Newhart accepted the Emmy on their behalf. The Emmy was the first for Poehler but part of a collection for Fey. She's won eight times before, including act-

ing and writing trophies.

Peter Scolari was another first-time Emmy winner: He captured the best guest actor in a comedy series award for Girls, in which he plays dad to star Lena Dunham. On the drama series side, Hank Azaria was honoured as best guest actor for Ray Donovan and Margo Martindale of The Americans won as best guest actress.

The creative arts Emmys precede the main ceremony, which is scheduled to air Sunday, Sept. 18, on ABC. THE ASSOCIATED PRESS

WINNERS

Best original music and lyrics:

Till It Happens To You, Diane Warren (sung by Lady Gaga), from the documentary The Hunting Ground

Commercial:

Love Has No Labels, Ad Council

Music composition for a series (original dramatic score):

Mr. Robot, episode 1

Casting for a drama series:

Game of Thrones, HBO

I NEED:

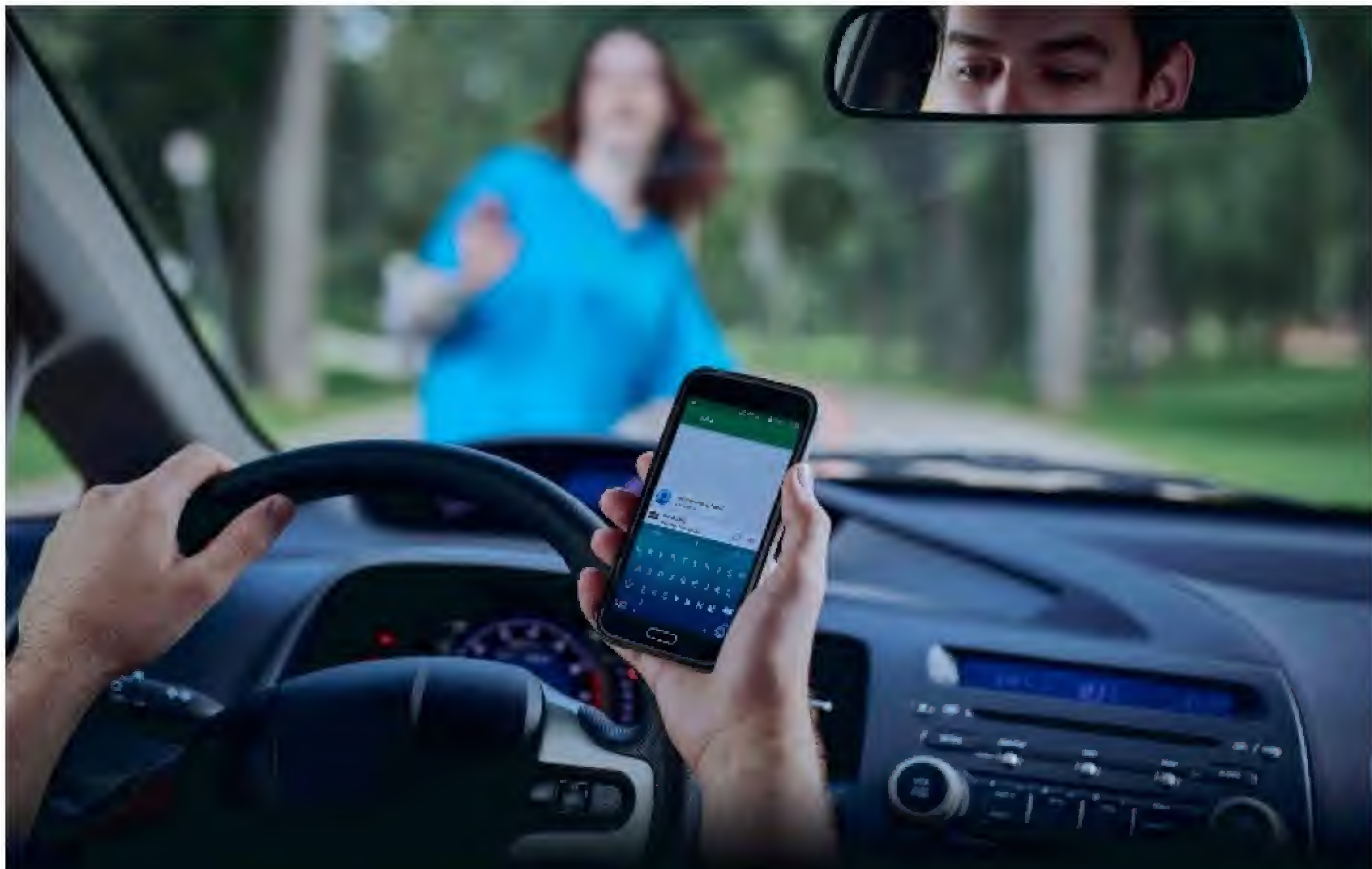
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USTA officials say a 20-second clock to start points is among the changes being considered to make the game more TV friendly

Young Cowboys held in check by Giants

NFL

New York gets win No. 1 of head coach McAdoo era

Eli Manning threw for three touchdowns, including the go-ahead score to Victor Cruz in his first game in nearly two years, and the New York Giants beat the Dallas Cowboys 20-19 Sunday.

The Giants won the debut of coach Ben McAdoo after 12 years and two Super Bowl titles under Tom Coughlin while spoiling the first game for Dallas' Dak Prescott and Ezekiel Elliott.

Because of Tony Romo's back injury, Prescott and Elliott were the first rookie quarterback-running back combo to start an opener for the Cowboys since Roger Staubach and Calvin Hill in 1969.

The game ended with Dallas in position for a roughly 57-yard field goal, but Terrance Williams didn't get out of bounds after a catch and the clock ran out. Dan Bailey had four field goals, including two from more than 50 yards.

Cruz, who missed most of 2014 with a knee injury and all of last season with a bad calf, broke free in the end zone for a three-yard TD with six min-



Rashad Jennings of the New York Giants carries the ball against the Dallas Cowboys at AT&T Stadium on Sunday in Arlington, Texas. TOM PENNINGTON/GETTY IMAGES

WEEK 1 SCOREBOARD

THURSDAY		MONDAY	
■ Broncos 21, Panthers 20	■ Chiefs 33, Chargers 27	■ Steelers at Washington	
SUNDAY		■ Buccaneers 31, Falcons 24	
■ Ravens 13, Bills 7	■ Seahawks 12, Dolphins 10	■ Giants 20, Cowboys 19	
■ Texans 23, Bears 14	■ Lions 39, Colts 35	■ Patriots at Arizona*	
■ Bengals 23, Jets 22	■ Eagles 29, Browns 10	TUESDAY	
■ Packers 27, Jaguars 23	■ Vikings 25, Titans 16	■ Rams at San Francisco	
■ Raiders 35, Saints 34	■ Raiders 35, Saints 34	■ Sunday's late game	

utes remaining, prompting his trademark salsa dance.

Randy Bullock, kicking because of Josh Brown's one-game

suspension, made the extra point for the lead after an earlier missed PAT.

New York beat Dallas in an

opener for the first time in nine tries.

The Giants' defence, fortified in free agency, held Dallas after the go-ahead score. Then the Giants emphasized the run to use most of the clock, quite a contrast to last season when questionable clock management contributed to six losses late in regulation or in overtime in a 6-10 season.

Elliott was held to a 2.5-yard average (51 yards on 21 carries), although he had his first touchdown, and the only one for Dallas. Prescott was 25 of 45 for 227 yards.

THE ASSOCIATED PRESS

CFL

Bombers bolster with trade flurry

The Winnipeg Blue Bombers sent out one quarterback and brought in another with a familiar face on Sunday in two different trades.

Winnipeg traded Drew Willy to the Argonauts for Toronto's first-round pick in the 2017 draft, the Argos' third-round pick in the 2018 draft, and defensive back T.J. Heath.

The Bombers also traded their fourth-round pick in the 2018 draft to Montreal in exchange for quarterback Kevin Glenn, who will replace Willy behind starter Matt Nichols.

"The opportunity to acquire a first-round pick next year along



T.J. Heath
THE CANADIAN PRESS

with a player we have really liked this season in T.J. Heath, and an experienced quarterback in Kevin Glenn was something we needed to strongly evaluate," said Bombers

general manager Kyle Walters.

"Ultimately, for a variety of factors, we felt this was the right move for our football team, both short and long term. We sincerely thank Drew Willy for his hard work, professionalism and dedication." THE CANADIAN PRESS

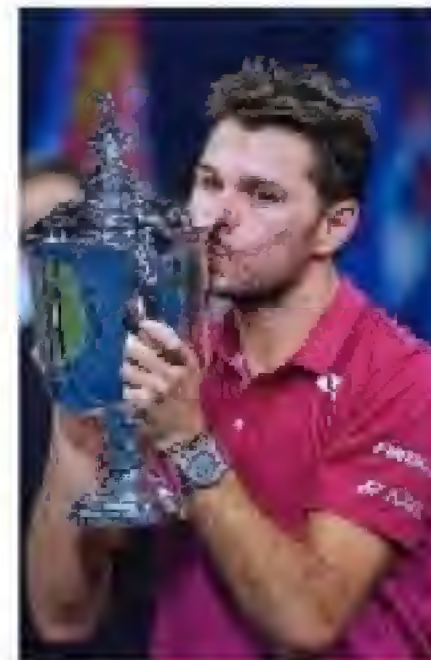
U.S. OPEN

Stan 'The Man' at Flushing Meadows

Stan Wawrinka is the first to acknowledge he hasn't always been the most consistent player — or the strongest mentally. That's why, when he shows his mettle during a match, he likes to point his right index finger to his temple.

That signature gesture got a lot of use in the U.S. Open final Sunday, when Wawrinka surprisingly managed to wear down Novak Djokovic and beat the defending champion 6-7 (1), 6-4, 7-5, 6-3 for his first U.S. Open title and third Grand Slam trophy overall.

On Saturday, Angelique Kerber won her first U.S. Open and second Grand Slam her big season. THE ASSOCIATED PRESS



Stan Wawrinka GETTY IMAGES

IN BRIEF

Johnson in FedEx Cup lead
Powerful off the tee and relentless with the putter, Dustin Johnson didn't give anyone much of a chance Sunday by closing with a 5-under 67 to win the BMW Championship by three shots and move to the top of the FedEx Cup.

Johnson won for the third time in his last eight tournaments dating to his first major at the U.S. Open, and this might have been his most complete performance.

"I've got a lot of confidence in every part of my game," Johnson said.

THE ASSOCIATED PRESS

BoSox build on AL East lead
Jackie Bradley Jr., David Ortiz and Hanley Ramirez all hit home runs as the Boston Red Sox's impressive offence overwhelmed the Toronto Blue Jays 11-8 in a wild game on Sunday afternoon.

The loss drops the Blue Jays to two games back of Boston for first place in the AL East. Toronto had been in first as recently as Sept. 6, but has lost seven of its past 10 games to fall behind the Red Sox. The Jays are now tied with Baltimore for second place.

THE CANADIAN PRESS



The Chiefs' Marcus Peters on Sunday. JOHN SLEEZER/ THE KANSAS CITY STAR VIA AP

ANTHEM PROTESTS

Signs of solidarity

Opening day saw Kansas City cornerback Marcus Peters raise a black-gloved fist during the national anthem, a protest amplified later Sunday when four Miami Dolphins knelt on the sideline as The Star Spangled Banner played in Seattle.

The protests were inspired by San Francisco backup quarterback Colin Kaepernick who has recently sat or taken a knee during the anthem to call attention to what he termed the oppression of blacks. THE ASSOCIATED PRESS



Dolphins Jelani Jenkins, from left, Arian Foster, Michael Thomas and Kenny Stills kneel on Sunday in Seattle.

STEPHEN BRASHEAR/ THE ASSOCIATED PRESS

Athlete takes last shot at Paralympics

RIO2016

Vervoort says reports she will end her life 'out of the question'

Marieke Vervoort lives with nearly unbroken pain. The Belgian has an incurable, degenerative spinal disease, sleeps only 10 minutes some nights, and in 2008 she signed euthanasia papers so she can decide when to end her own life.

The 37-year-old Paralympian is prepared to die, but not now. Back home, newspapers have been reporting the wheelchair racer intends to kill herself after the Paralympics end next weekend.

"I think there is a great mistake about what the press told in Belgium," Vervoort said Sunday, speaking in English



Marieke Vervoort won silver in the T52 400-metre race on Saturday night in Rio. DIS/NOG/AFP/GETTY IMAGES

and surrounded by reporters wanting to hear her compelling story.

"This is totally out of the question," she added. "When the day comes, when I have more bad days than good days — I have my euthanasia papers. But the time is not there yet."

This is Vervoort's last Para-

lympics. She won silver Saturday night in the T52 400 metres, adding to the gold and silver medals she won four years ago in London. Her last wheelchair race will be Saturday at 100 metres.

She's shown her will to live by tackling tough training, and it's also helped keep her alive.

But she has to give it up, as she has other things, as her body has broken down.

Her pain is so severe at times that she loses consciousness, and she said the sight of her in pain has caused others to pass out.

"It's too hard for my body," Vervoort said. "Each training I'm suffering because of pain. Every race I train hard. Training and riding and doing competition are medicine for me. I push so hard — to push literally all my fear and everything away."

Vervoort is a strong advocate of the right to choose euthanasia, which is legal in Belgium. Like training hard, she said it gives her the control and "puts my own life in my hands."

"I'm really scared, but those (euthanasia) papers give me a lot of peace of mind because I know when it's enough for me, I have those papers," she said.

THE ASSOCIATED PRESS

TRACK AND FIELD

Rivard nets a silver in 200m medley

Canadian swimmer Aurelie Rivard added to her Paralympic medal collection on Sunday, capturing silver in the women's 200-metre individual medley.

The 20-year-old from Saint-Jean-sur-Richelieu, Que., had claimed Canada's first gold medal of the Games two nights earlier, winning the 50 freestyle in a world-record time.

Rivard, who was born with an underdeveloped left hand, touched the wall in 2 minutes 30.03 seconds on Sunday night, to finish behind New Zealand's Sophie Pascal. Pascal won in a world record 2:24.90.

Paralympic veteran Benoit Huot narrowly missed adding a second swim medal on the night, finishing fourth in the 200 I.M.

Huot won the gold medal in the event four years ago in London in a world-record time.

At the track, Canadian wheelchair racer Brent Lakatos captured a silver medal in the 400 metres for his second medal of the Rio Paralympics. Liam Stanley added a second medal on the morning for the Canadian track team, racing to silver in the 1,500 metres.

In rowing, Canada won bronze



Aurelie Rivard
GETTY IMAGES

in the LTA mixed coxed four. Britain won gold in 3:17.17, the U.S. was second in 3:19.61 and the Canadians with Victoria Nolan, Meghan Montgomery, Andrew Todd, Curtis Halladay

and coxswain Kristen Kit followed in 3:19.90.

"We came back on the U.S. in a big way," said Montgomery, 34, who has a disability in her right hand. "We got from the stern to just being a bow ball away from silver. It was a good race."

Montgomery is a three-time Paralympian who retired after the London Games but made a comeback in 2015.

In women's wheelchair basketball, the Canadian women lost their first game after opening with two victories. They fell to Germany 68-54 despite a 23-point effort by Cindy Ouellet.

Canada has 12 medals — three gold, six silver and two bronze — so far in Rio.

THE CANADIAN PRESS

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RECIPE Mushroom Pear Melt



PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

Start the week off with a no-stress dinner of a fancied-up grilled cheese sandwich. The swipe of mustard against the sweetness of the pear makes it irresistible.

Ready in 15 minutes

Prep time: 10 minutes
Cook time: 5 minutes
Serves 1

Ingredients

- butter
- cremini mushrooms, thinly sliced
- pumpernickel bread
- Dijon mustard (optional)
- Fontina cheese, grated
- pears, thinly sliced

Directions

1. In a skillet, melt a pat of butter over medium heat. Toss in sliced

mushrooms and push around until they soften. Remove from pan and set aside. Wipe pan.

2. Butter bread (and swipe other side with a bit of Dijon for adventurous kids or adults) and place each piece in pan, butter side down. Place a handful of Fontina on each, then press down a couple of slices of pear, followed by a spoonful of mushrooms. Place another piece of pumpernickel on top, butter side out. Let that sizzle away for 2 or 3 minutes, peaking at the underside using a spatula to see that your bread is toasting not burning. Flip it.

3. Allow the sandwich to grill for a couple more minutes then remove from the heat. Cut in half and serve warm.

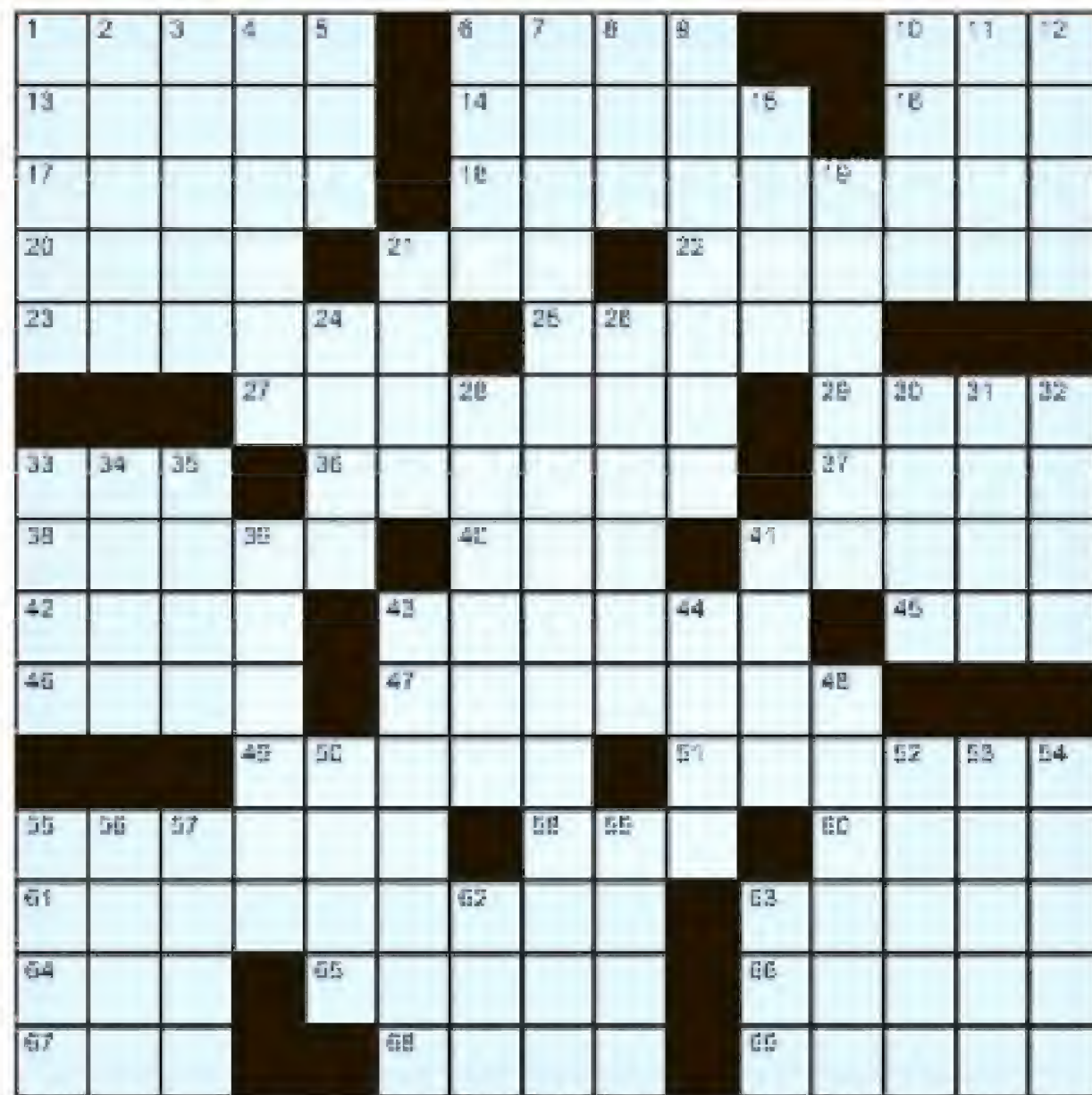
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- To no __ (Waste of time basically)
- Not __ (Not in any way)
- Frequently, short-style
- Don't __ words (Tell it like it is)
- Ms. Blakley of "Nashville" (1975)
- Giving-driving-directions word
- Irritate
- Therapy/care
- Do part of a cashier's work
- Lough __ (Lake in Ireland)
- Unrefined
- Compound in glass
- Onward
- Sweet-talks
- Hogwash
- List stopper [abbr.]
- Promenade proudly
- Demon
- Gwen Stefani band, No __
- Farm animal
- Questionnaire choice
- Go __ detail (Elaborate)
- Bickered
- 'Bon a __ lecher les doigts' (KFC's "finger lickin'" slogan, in French)
- "__ Wolf" (1965) starring Michael J. Fox
- France 1793: Gets Louis XVI's caput
- Green hue
- "Anchors Aweigh" military gr.: 2 wds.



- Capital of Colombia
- __-en-Provence, France
- Frozen beverage company
- Premiering of a product
- Basketball, for example
- Electrical resist-

- ance unit
- __ Gwaii (Queen Charlotte Islands, now)
- Courage
- Public transit mode
- Pine for
- Prefix relating to 'Bones'

DOWN

- Collect over time
- Leonardo da __ (b.1452 - d.1519)
- Year's historic record
- Like any famous symbol
- Grazing land
- Puccini aria: "Vissi d'__"

- Terrestrial region in the Canadian Shield, Laurentian __
- Dvorak's "Symphony No. 9 __ Minor"
- Earl Grey's decorative warming cover?: 2 wds.
- Concluded
- Fish bits

- "To Kill a Mockingbird" (1962) character, Sheriff Heck __
- Swanky College Prince William attended
- Cadaver crawlee
- Aristocrat of India
- Fling, as a fisherman
- "A __ of Their Own" (1992)
- Nova Scotia's provincial bird
- Expressions of Eww!-iness
- Liberate
- Common household greenery
- Correct the content
- Timbre
- Paul McCartney, The __ Beatle
- Candy
- Un-evens
- Plains of __ (Historic attraction in Quebec City)
- Waters: French
- Wesley of "Passenger 57" (1992)
- Engrave
- Put on __ (Dress for Winter)
- Glass, in Gaspé
- Bryan Adams' "The Best Was __ Come"
- Formless form
- Honolulu's home
- Teeth, roots __, what's?
- Supermarkets, e.g.
- Ancient Rome's trois
- TV: Showtime's website, __.com

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
It's Monday, and some people are in a bad mood, especially co-workers and people at work. This means patience is your only recourse to make this day as smooth as possible.

Taurus April 21 - May 21
Parents must be patient with their kids today, because everyone, including children, is argumentative. Try to avoid touchy situations that can trigger conflict.

Gemini May 22 - June 21
Do what you can to keep the peace at home so that you have domestic harmony. Be patient in everything you do, in order to avoid accidents, both verbal and physical.

Cancer June 22 - July 23
This is an accident-prone day, which means you have to pay attention to everything you say and do. Above all, guard against knee-jerk reactions to others. Be cool.

Leo July 24 - Aug. 23
Money squabbles might arise today. This means today is a poor day to discuss something that might trigger these arguments. However, you have the energy to make money.

Virgo Aug. 24 - Sept. 23
Today Mercury is in your sign, at odds with fiery Mars, which can make you touchy and irritable with others. Therefore, practise patience in all your dealings with everyone.

Libra Sept. 24 - Oct. 23
You have lots of intellectual energy today. If you use this mental energy to do research or look for solutions to old problems, you will be pleased with your results.

Scorpio Oct. 24 - Nov. 22
Do not get embroiled in arguments with younger people today or members of groups, because it will be pointless. Choose another day for important discussions.

Sagittarius Nov. 23 - Dec. 21
Your dealings with authority figures — bosses, parents and VIPs — will be challenging today, because people are too quick to disagree and give strong opinions. Keep a low profile if you can. Be smart.

Capricorn Dec. 22 - Jan. 20
Avoid controversial subjects like politics, religion and racial issues today, because many people are just looking for a fight. Focus on preserving your own peace of mind.

Aquarius Jan. 21 - Feb. 19
Disputes about shared property, inheritances and anything that you own jointly with others might arise today. Therefore, postpone these discussions until another day.

Pisces Feb. 20 - March 20
You might attract someone today who is touchy or defensive. Actually, discussions with friends and partners are equally difficult. This means you have to be tactful.

CONCEPTIS SUDOKU by Dave Green

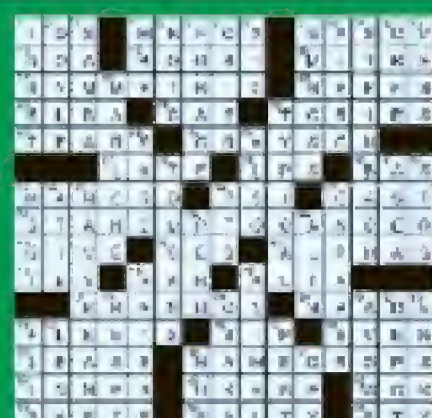
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		7				2
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		6				5
	9		1		2	6

FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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8	5	1	9	6	4	3	2	7
9	7	6	2	8	3	4	5	1
3	4	2	1	5	7	9	6	8
1	9	5	6	3	2	7	8	4
4	6	7	8	1	5	2	3	9
2	3	8	7	4	9	5	1	6
7	8	9	5	2	6	1	4	3
6	2	3	4	7	1	8	9	5
5	1	4	3	9	8	6	7	2



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